



# Heart Beat

Spring 2021



## ...Larry Swinson

At FUMC, the name associated with the Boy Scouts is Larry Swinson. Larry has been involved with the scout program for 33 years, and he became Scout Master of Troop 91 in 1994.

Troop 91 is the largest and most active troop in the Cataloochie District. Under Larry's leadership, 105 young men have earned the rank of Eagle Scout. Larry is a very modest person and gives credit for the outstanding scouting program to the 20 assistant scout leaders and for the support of the church and former scouts.

Larry says the most rewarding aspect of scouting is watching young men learn and master outdoor skills. He is a positive role model for boys who are being reared by a single parent without the presence of a father. Over the years, several families have joined FUMC becoming involved in our scouting program.

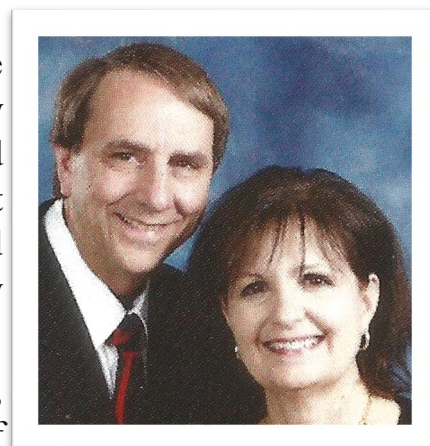
In 1973, following graduation with a degree in furniture manufacturing from North Carolina State University, Larry began working at Forest Products in Morristown. Jane joined him in Morristown, following their marriage in August of that year. In 1983, he accepted a position with Adams Wood Products, and then in 1998, he became owner of the company when Dave and Evelyn Adams retired.

Larry and his wife, Jane, are the parents of three children, Greg, Steve, and Emily. Greg and Steve earned the rank of Eagle Scout under their father's leadership.

Larry has served on the Church Council and is a member of the Anita Scott Sunday School Class. When not involved with the scouting program, Larry enjoys hiking.

FUMC is blessed to have such a dedicated person following God's will for his life.

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Remember the difficulties we had making appointments for Covid-19 shots?



We appreciate the time and patience of Donna Brewster, Lisa Cavallucci, and Leigh Travis in arranging appointments for those who needed assistance completing that task.





# A MORNING START FROM THE HEART

If you find your faith is strained by the pandemic, these practices can help:

- Read the entire Bible.** This will be a blessing.
- Pray.** Pray for our pastors, politicians, family, and friends, as well as for world events.
- Repent.** Repentance applies not only to salvation, but to everyday life. If we have racism, pride, greed, or anger in our heart, we must repent.
- Return to church.** We need the church. The church needs us.
- Give tithes and offerings.** God calls us to give and to give generously.



## MAY

Margaret Thornton	02
Marsha Biery	05
Dan Fisher	06
Scott Palmer	12
Judy Stroud	21
Charli Curry	22
Joyce Jolley	22
Julie Compton	24
Tom Parker	25
Gary Johnson	26
Polly Self	31

## JUNE

Bob Shugart	17
Ray Damon	18
Ginger Kelley	18
Carolyn Crooks	26
Joan Macdonald	27

*I will not allow anxious thoughts to steal my joy*



## “STRETCHING OUT” RESUMES

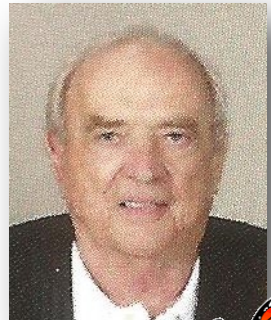
If you have been plain lazy during these pandemic stay-at-home days, we have just the thing to get you going again. “Stretching out” is a gentle form of stretching and movement for every activity level. The class meets Mondays, Wednesdays, and Fridays in the Community Room from 11 until 11:45 am.

This is a super good way to have fun while meeting new friends and exercising at the same time. Everyone is invited.





Joyful Hearts extends sincere sympathy to the families and friends of FUMC nonagenarian members, Dr. Bill Alexander, Karl Domann, Shirley Rines, and Bill Grigsby, as well as four other members, including Shirley Leach, Joan Weir, Don Turley, and Gene Jolley. We will miss each of these dear members who faithfully supported FUMC for many years.



Millie Prince currently is JH Care Person. If you are aware of anyone who would benefit from a special card, or if you have other prayer concerns, please contact Millie at (423-581-2330).



First United Methodist Church  
Joyful Hearts  
101 East First North Street  
Morristown, TN 37814

# Mission Moment



An important element of the organization is a prayer focus and a mission each month. The mission will be local, such as Daily Bread; Regional, such as jubilee Project in Sneedville; International, such as UMCOR.

For our April project, the Planning Committee voted to donate \$300 in support of the RAM visit at Walters State.

In May, FUMC will be putting together annual food buckets to send to Liberia. We encourage you to support this project by donating items for these buckets. The deadline for donations is May 24. Monetary donations will be appreciated, also.



Joyful Hearts has not been able to meet or plan any programs in months. Hopefully, by fall, we will be allowed to meet again. If you have any suggestions of programs or local places you would be interested in visiting, we need your ideas. Also, if you are willing to serve on the Planning Committee, that would be extremely appreciated.