

# SAFE SANCTUARY TRAINING QUIZ

This is the final step in your training requirement!

NAME: \_\_\_\_\_  
FIRST LAST

EMAIL: \_\_\_\_\_

DATE: \_\_\_\_\_

☐ I have read and understand the FUMC Safe Sanctuary Policies.

Who must complete the Safe Sanctuary requirements? \*

- ☐ Only main leaders of children/youth programs
- ☐ Every adult that serves in programs with children/youth at FUMC
- ☐ Adults who help every week with children/youth

What are the 3 main requirements of the Safe Sanctuary Program? \*

- ☐ Background Check, Volunteer Application, Training Session
- ☐ Background Check, Training Session, Experience with children/youth
- ☐ Background Check, Finger Printing, Training Session

The Background Check is completed by: \*

- ☐ Filling out a form at the local police station
- ☐ Asking for a printed form and turning it into the church office
- ☐ Completing an online form providing your basic information and permission

Safe Sanctuary training and background checks need to be completed... \*

- ☐ Every two years
- ☐ Every year
- ☐ Only once

How long should a person actively attend FUMC before they can apply to volunteer with children and youth?

- ☐ 3 months
- ☐ 6 months
- ☐ 9 months
- ☐ 12 months

According to the "5 Year" rule, an 21 year old volunteer can lead a high school small group (15-18 yrs old).

- ☐ True! They need all the help they can get.
- ☐ False! There is not 5 years between the oldest (18) and the volunteer.

The Two-Adult Rule states that... \*

- ☐ As long as you've completed the Safe Sanctuary requirements, the second adult can be whoever you choose.
- ☐ There must be a second, screened and trained adult somewhere in the building during children/youth programs.
- ☐ There must be two, un-related adults that have been screened and trained in the room at all times.

If you ever find yourself WITHOUT a second adult during a children/youth program... \*

- ☐ Cancel the activity immediately and send children/youth home
- ☐ Leave the room door open and notify program leader that you need a room floater
- ☐ Grab one of the parents and ask them to help out

For Nursery through Preschool, if there is not a second adult in the room... \*

- ☐ It's ok, these kids are so young it won't matter
- ☐ Leave the door open and ask for a floater
- ☐ Notify the program leader immediately and let them know you either need to combine with another class or find a second adult

Why should the second adult NOT be your spouse or close family member? \*

- ☐ They cannot serve as an objective witness if something happens and testimony is needed
- ☐ They may not cooperate as well as someone else would
- ☐ Illness, tardiness, and trips would put both adults out at the same time
- ☐ All of the above

The two-adult rule applies to which of the following situations: \*

(select all that apply)

- ☐ Classroom & Events
- ☐ Bus/Car Trips
- ☐ Overnight Stays
- ☐ Private Messages (through social media or text)
- ☐ Video Calls (including FaceTime, Zoom, etc)

A mandated reporter is... \*

- ☐ Someone who must report all the gossip they hear to the church secretary
- ☐ Someone who is required by law to report an incident of suspected abuse
- ☐ Everyone in the state of Tennessee is required by law to report incidents of suspected abuse

Is it ok to "friend" a child/youth on social media? \*

- ☐ No, it's not appropriate for adults to have contact of any kind with children/youth outside of church
- ☐ Yes, why should the church care about what I do in my personal life
- ☐ Yes, as long as the youth initiates the contact and parents are made aware

If you see someone you can't identify in an area with kids/youth, you should... \*

- ☐ Ignore them and maybe they will go away
- ☐ Tell the children to be aware because there is a stranger among us
- ☐ Approach the person and ask if there is something you can help them with

What are acceptable forms of discipline with children/youth? \*

(select all that apply)

- ☐ Time Out
- ☐ Send child/youth to the hallway
- ☐ Threatening words (You'll be sorry!)
- ☐ Getting the parent
- ☐ Yelling if necessary
- ☐ Ask the program leader for assistance
- ☐ Whatever you use with your own children or grandchildren should work
- ☐ Other

When taking a child to the bathroom... \*

- ☐ Prop the outer door open and remain in the hallway until the child is finished
- ☐ Go in with the child and close all doors for the child's privacy
- ☐ Send them by themselves. They don't need any supervision.

If you have reason to believe that abuse has occurred... \*

- ☐ Notify the Pastor or ministry leader immediately and report to the Department of Children's Services (DCS)
- ☐ Talk it over with your spouse or friend to see what they think
- ☐ Keep it to yourself, you'll only cause trouble

If you witness someone at church treating a child/youth inappropriately, you should... \*

- ☐ Try and create a diversion so others won't notice
- ☐ Confront the person and tell them they should be ashamed of themselves
- ☐ Try and remove the child/youth from the situation and contact the ministry leader immediately

In a medical emergency, you should... \*

- ☐ Panic and freak out
- ☐ Wait to find the parent or a staff member for further instructions
- ☐ Call 911 if needed while you have your second adult keep other kids calm

If you are unable to fulfill your scheduled volunteer position, you should...

- ☐ Let the ministry leader know so they can find a replacement for you
- ☐ Let the ministry leader know and then try to find another volunteer to switch or fill-in for you
- ☐ Don't show up, nobody will miss you

## TRAINING SCENARIOS

Please answer the following using the knowledge you just learned.

1. You are the only adult volunteer for an upcoming children's program. Nobody is volunteering! What strategies can make this work and still provide a safe sanctuary environment?

2. A 10 year old child comes to you after Sunday School and tells you she is being bullied. She says that one particular boy keeps getting in her space and calls her names. What would you do?

3. A child of the opposite gender needs help in the bathroom. What would you do? \*