



Heart Beat

September 2025

Fall Faith and Fellowship

September 18, 2025

Dr. Becky Copeland

Presenting

**“Tending Gardens: Food, Faith,
and Fig Trees”**

Community Room

10:00 A.M. - 1:00 P.M.

Note time
change



Dr. Becky Copeland

Rev. Dr. Becky Copeland (Associate Professor, Boston University and Provisional Deacon, Virginia Conference, UMC) will share research on the agricultural background of the Gospels and lead participants in reconsidering the meaning and application of some of the parables in our lives today. Then, she will share information on food access and Christian ministries and guide participants in an exploration of how we can love our neighbors by working towards food justice.

September Mission

We will raise monies and take non-perishable food donations for the **Jubilee Project** which is a program of UMC Global Ministries. One of the goals of the Jubilee Project is to address the issue of food insecurity through food pantries including a monthly mobile food pantry. See list of needed items on page 5.

Joyful Hearts Road Trip to the Carter's Fold Maclain Family Band Saturday, August 9



We celebrated Ellen Stroud's 52nd birthday with cupcakes made by Mom, Judy. Yum!

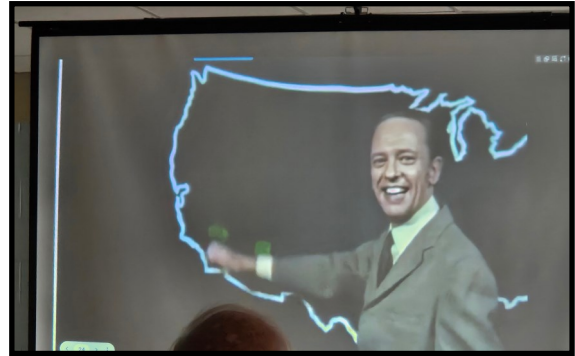
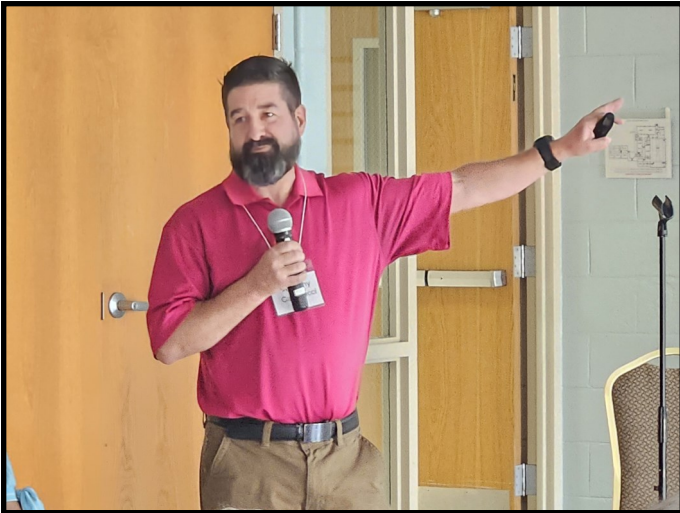
The Carter Fold is a rustic, 800+ seat music shed offering traditional music every Saturday night in Hiltons, VA. 22 of us enjoyed good music and great fellowship.



Kathy Sargent was our bus driver! Is there anything she can't do?

What a Huge Success ...all the way around! On Thursday, August 21st we were treated to a presentation, “Changing Weather Patterns”.

Anthony Cavallucci from NWS in Morristown and an FUMC member presented to our largest number of attendees ever... 75! We were pleased to have 9 first time attendees and hope to see you all again!



Anthony Cavallucci was a great speaker, not to be out done by the special guest he brought along, Don Knotts!



We had some fun enjoying the last days of summer with sunglasses, beach attire, beach music, and beach themed cupcakes! Thank you to Becky Cunningham, Joan MacDonald & Sandy Pittman for decorating our cupcakes.



Devotion 

Thoughts from Bettie Crowell

“Therefore I tell you, do not worry about your life... what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?”

Matthew 6:25-26 (NIV)

Since creation our amazing God has provided the needs of His creations.

When the Israelites were in the wilderness He provided manna from heaven to feed them.

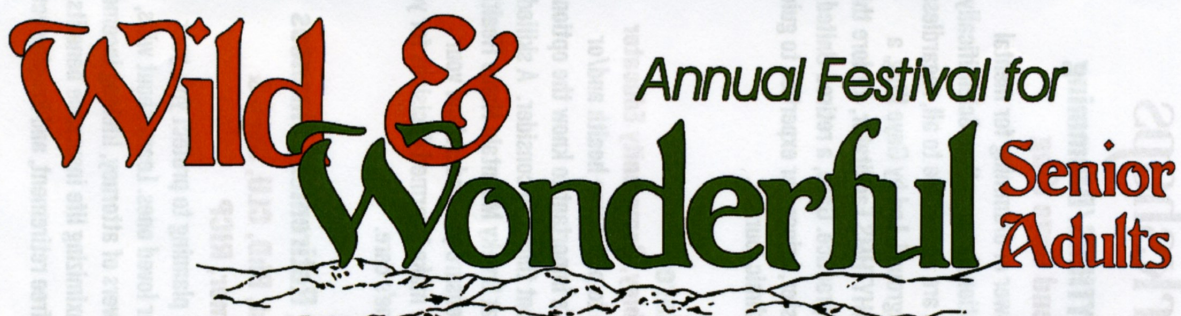
We recall the story of Ruth and Naomi and how God asked the landowners to leave part of their fields unharvested so the poor could glean their fields.

The Bible repeatedly assures us of God’s care and provision He even provides for the birds of the air and all other creatures.

We can ask God who sees all to help us see people in need and respond to them.

God is our ultimate source of security, protection, and provision.

Let us look to God daily without worry. We can count on His love and power to meet our daily needs.



Thursday, October 16, 2025 - 9:00 A.M.–12:30 P.M.

First United Methodist Church

Registration forms are available in the church office.



Happy September Birthdays

Judy Jones - 02 Kay Flockhart - 03

Jessie Goddard - 04 John Hodge - 05

Kathy Sargent - 08 Ellen Fisher 17

Teresa Ayers - 18 Bobby Wilson - 18

Cheryl Lynn Stafford - 19

Barbara Lively - 21 Steve Street - 21

Bill Compton - 29

September Mission - Jubilee Project

Jubilee envisions a world where everyone has enough, where those who have more share with glad and generous hearts, and where those who have less find relief from oppression and hope for the future.

Items needed: Non-perishable goods - canned tuna, ham, chicken, cereal, oat meal, canned fruits, peanut butter, jam, and jelly

Cleaning and personal care supplies - dish detergent, disinfectant cleaners, toilet bowl cleaner, 60 gallon trash bags, 13 gallon trash bags, paper plates.

Personal hygiene supplies - shampoo, deodorant, soap, razors, toothpaste, sanitary napkins

Cash donations

Welcome September!

Coming Soon!



October

November

December



First United Methodist Church
Joyful Hearts
101 East First North Street
Morristown, TN 37814

Upcoming Activities at a Glance—Mark your Calendar

September 18th — Fall Faith Fellowship with Rev. Rebecca Copeland

The program will be “**Tending Gardens: Food, Faith , and Fig Trees**”.

October 16th — Wild and Wonderful with Jim Claborn

**October 23rd— Special Edition - Visitation of Buddhist Peace Pagoda
and lunch at Carver’s Orchard and Apple House Restaurant**

November 20th — To be announced



Joyful Hearts Mission Statement

“To nurture the lives of adults fifty years and older as they join together in fellowship and as they reach out to serve the needs of others in the church and in the community at large.”